Open Flanders SC: Session: 1: COACH evaluation sheet for TEAM: TRUST

Coachinfo: Warming up from: 08:30 untill 09:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vanderhulst Kasper

Coaches: Ciommo Fabio HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 100M BUTTERFLY MEN — Heat:4, starttime: 10:05

Heat: 4/5 Lane : 5 Athlete: DE SWERDT NIELS — **Q-time: 00:54:79**

PB (25m pool): 00:54.79 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:56.66 **SB:** 00:56.34 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:25.68		00:54.79	
		00:25.68		*00:29.11*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M BUTTERFLY MEN — Heat:4, starttime: 10:05

Heat: 4/5 Lane : 7 Athlete: DE SWERDT MATHIAS — **Q-time: 00:57:68**

PB (25m pool): 00:57.68 Gent 09/11/2025 PB (50m pool): 00:59.34 **SB:** 00:57.83 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:26.33		00:57.68	
		00:26.33		*00:31.35*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M BUTTERFLY MEN — Heat:4, starttime: 10:05

Heat: 4/5 Lane : 8 Athlete: CIOMMO ALESSANDER — **Q-time: 00:58:85**

PB (25m pool): 00:58.85 Bastogne 05/04/2026 PB (50m pool): 00:59.39 **SB:** 00:59.46 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:27.96		00:58.85	
		00:27.96		*00:30.89*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open Flanders SC: Session: 1: COACH evaluation sheet for TEAM: TRUST

Event number: 5: 100M BREASTSTROKE MEN — Heat:2, starttime: 10:34

Heat: 2/5 Lane : 3 Athlete: VANDEVELDE RAF — **Q-time: 01:07:58**

PB (25m pool): 01:07.58 Leuven 04/10/2026 — **PB (50m pool):** 01:09.15 **SB:** 01:07.58 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:31.68		01:07.58	
		00:31.68		*00:35.90*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN — Heat:5, starttime: 10:39

Heat: 5/5 Lane : 3 Athlete: DEPREZ LUKAS — **Q-time: 01:02:33**

PB (25m pool): 01:02.33 Gent 09/11/2025 — **PB (50m pool):** 01:04.61 **SB:** 01:05.25 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:29.07		01:02.33	
		00:29.07		*00:33.26*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 50M BREASTSTROKE WOMEN — Heat:2, starttime: 10:42

Heat: 2/4 Lane : 7 Athlete: ROSKIN LOTTE — **Q-time: 00:35:47**

PB (25m pool): 00:35.47 Gent 09/11/2025 — **PB (50m pool):** 00:36.53 **SB:** no time

	25 M	50 M	
PB		00:35.47	
		00:35.47	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 50M BREASTSTROKE WOMEN — Heat:3, starttime: 10:43

Heat: 3/4 Lane : 6 Athlete: LENAERTS HAILEY — **Q-time: 00:33:70**

PB (25m pool): 00:33.70 Leuven 04/10/2026 — **PB (50m pool):** 00:35.00 **SB:** 00:33.70 Leuven 04/10/2026

	25 M	50 M	
PB		00:33.70	
		00:33.70	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open Flanders SC: Session: 1: COACH evaluation sheet for TEAM: TRUST

Event number: 9: 50M FREESTYLE MEN — Heat:3, starttime: 11:07

Heat: 3/6 Lane : 2 Athlete: VANDERHULST MIDAS — **Q-time: 00:24:47**

PB (25m pool): 00:24.47 Mons 27/06/2026 **PB (50m pool):** 00:25.29 **SB:** 00:24.94 Leuven 04/10/2026

	25 M	50 M	
PB		00:24.47	
		00:24.47	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M FREESTYLE MEN — Heat:4, starttime: 11:08

Heat: 4/6 Lane : 2 Athlete: CIOMMO ALESSANDER — **Q-time: 00:23:46**

PB (25m pool): 00:23.46 Stedelijk Zwembad Geel 15/02/2026 **PB (50m pool):** 00:24.15 **SB:** 00:23.98 Leuven 04/10/2026

	25 M	50 M	
PB		00:23.46	
		00:23.46	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M FREESTYLE MEN — Heat:4, starttime: 11:08

Heat: 4/6 Lane : 8 Athlete: DE SWERDT MATHIAS — **Q-time: 00:24:04**

PB (25m pool): 00:24.04 LEUVEN 23/11/2025 **PB (50m pool):** 00:24.77 **SB:** 00:24.12 Leuven 04/10/2026

	25 M	50 M	
PB		00:24.04	
		00:24.04	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M FREESTYLE MEN — Heat:6, starttime: 11:09

Heat: 6/6 Lane : 1 Athlete: DE SWERDT NIELS — **Q-time: 00:23:83**

PB (25m pool): 00:23.46 Gent(Sint-Amandsberg) 11/11/2024 **PB (50m pool):** 00:24.71 **SB:** 00:23.90 Leuven 04/10/2026

	25 M	50 M	
PB		00:23.46	
		00:23.46	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open Flanders SC: Session: 1: COACH evaluation sheet for TEAM: TRUST

Event number: 10: 50M BACKSTROKE WOMEN — Heat:1, starttime: 11:11

Heat: 1/4 Lane : 7 Athlete: LENAERTS HAILEY — **Q-time: 00:32:78**

PB (25m pool): 00:32.78 Leuven 04/10/2026 **PB (50m pool):** 00:36.00 **SB:** 00:32.78 Leuven 04/10/2026

	25 M	50 M	
PB		00:32.78	
	00:32.78		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN — Heat:1, starttime: 11:11

Heat: 1/4 Lane : 8 Athlete: ROSKIN LOTTE — **Q-time: 00:33:05**

PB (25m pool): 00:33.05 Stedelijk Zwembad Geel 15/02/2026 **PB (50m pool):** 00:33.48 **SB:** no time

	25 M	50 M	
PB		00:33.05	
	00:33.05		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M MEDLEY MEN — Heat:4, starttime: 11:22

Heat: 4/6 Lane : 5 Athlete: DE SWERDT NIELS — **Q-time: 00:57:65**

PB (25m pool): 00:57.65 Gent 09/11/2025 **PB (50m pool):** no time **SB:** 00:58.44 Leuven 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:26.17		00:57.65	
	00:26.17		*00:31.48*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: